

Venue: Hokonui Runanga
140 Charlton Rd
Gore

2019 Clinic Dates:

- **Feb** – Mon 11th 10am-2pm*
- **Mar** – Mon 4th 12pm – 4pm & Mon 18th 10am-2pm
- **Apr** – Mon 1st 12pm – 4pm*
- **May** – Mon 6th 12pm – 4pm & Mon 20th 10am – 2pm
- **Jun** – Mon 10th 12pm – 4pm* & Mon 24th 10am – 2pm
- **Jul** - Mon 22nd 10am – 2pm
- **Aug** – Mon 5th 12pm – 4pm* & Mon 19th 10am – 2pm
- **Sep** – Mon 2nd 12pm – 4pm & Mon 16th 10am – 2pm
- **Oct** – Mon 14th 10am – 2pm*
- **Nov** – Mon 4th 12pm – 4pm & Mon 18th 10am – 2pm
- **Dec** – Mon 2nd 10am – 2pm*

The health clinics can provide a range of services including:

- Health assessment
- Screening and referral
- Cervical smears
- Sexual health services and contraception advice
- Community dietitian
- Podiatry
- Enduring illness management
- Advice on medication
- Helping you develop a health plan to meet your goals
- Helping you know who and what is available to meet your health needs

We are happy to see you for any health advice, education or support and will work with other health providers (for example your GP or local hospital) to enable the best care for you.

THERE IS NO COST FOR OUR CLINICS & APPOINTMENTS ARE NOT NECESSARY

Please contact Awarua Whanau Services on 03 218 6668 for any questions. Any changes are posted on our website www.awaruashs.maori.nz/clinics or FB <https://www.facebook.com/awaruawhanau/>

*denotes that podiatry will be available in clinic